



13641 JOHN GLENN RD., SUITE D  
 APPLE VALLEY, CA 92308  
 760-961-2840 STUDIO  
 760-508-5638 CELL/TEXT

# Class SCHEDULE

	MON	TUE	WED	THU	FRI	NOTES
PRIVATE LESSONS	3:00 PM-4:30 PM	3:00 PM-4:30 PM	4:00 PM-5:00 PM	4:00 PM-5:00 PM	CLOSED	<ul style="list-style-type: none"> <li>• Little Dragons 4-6 yrs</li> <li>• Kids 7-12 yrs</li> <li>• Teens &amp; Adults 12 &amp; up</li> </ul> <ul style="list-style-type: none"> <li>• Mon - Wed: Full Uniform</li> <li>• Thurs: T-Shirt Day</li> <li>• All T-Shirts must be from the <b>TEAM PAMA</b> line</li> </ul> <p><b>Thank you very much</b></p>
LITTLE DRAGONS (ALL BELTS)	4:30 PM-5:00 PM	4:30 PM-5:00 PM	5:00 PM-5:30 PM	5:00 PM-5:30 PM		
WHITE - GREEN (BEGINNERS CLASS)	5:45 PM-6:15 PM	5:45 PM-6:15 PM	5:30 PM-6:00 PM			
PURPLE - BLACK (ADVANCE CLASS)	6:15 PM-6:45 PM	6:15 PM-6:45 PM	6:00 PM- 6:30 PM			
WHITE - BLACK (ALL KIDS MIXED)				5:30 PM-6:00 PM		
TEENS & ADULTS (ALL BELTS)	6:45 PM-7:15 PM	6:45 PM-7:15 PM	6:30 PM-7:00 PM	6:00 PM-6:30 PM		
BLACK BELT CLASS (1ST DEGREE & HIGHER)	5:00 PM-5:45 PM					
LEADERSHIP (ALL BELTS)		5:00 PM-5:45 PM				
STAFF TRAINING				6:30 PM-7:30 PM		

